

NatureTalks

Muddy Hands Playgroup™

Free, bilingual, nature-based playgroups supporting early development



What Is NatureTalks?

NatureTalks playgroups are free, outdoor playgroups for young children and their caregivers. Designed for children ages 2–6, each session offers playful, engaging activities that support communication, movement, social skills, and early learning.

Children learn and grow through play that feels fun, relaxed, and pressure-free.

What Your Child Will Experience

Play-Based Learning

Activities are designed to support development through play, not drills or instruction. Children are free to explore, move, and engage at their own pace.

Inclusive and Welcoming

All forms of communication are valued, including spoken language, gestures, sign language, visuals, AAC, and bilingual experiences through play, so every child can participate fully.

Outdoor Exploration

Held in nature-based settings, playgroups encourage curiosity, sensory exploration, and movement in a screen-free environment.

Caregiver Connection

Caregivers are welcome to participate, observe, and connect with other families in a supportive, community-centered space.



What to Expect

- ✓ 45–60 minute sessions
- ✓ Small group sizes for a calm, supportive experience
- ✓ Activities designed by child development professionals

Who It's For

- Families looking for inclusive, enriching experiences
- Caregivers interested in nature-based play and connection
- Families with children who communicate in different ways

No therapy, no pressure, just meaningful play.

Program Logistics



Ages: 2–6



Group of 6–10



1–2x per month



45–60 minutes



Free

See upcoming playgroup dates and register online



<https://www.naturetalksllc.com/muddyhandsplaygroup>

Program details may vary by location.